

# BRIDGES

WEDNESDAY, SEPTEMBER 23, 2015

## GARDENING:

The lowly onion  
can be extremely  
ornamental **P. 8**

## ON THE SCENE:

PotashCorp Mayor's  
Cultural Gala takes  
over TCU Place **P. 10**

## FOOD:

Grilled cheese  
croutons a topper for  
tomato soup **P. 18**

## SUBTRACTING THE DIVIDE

FROM ANCIENT TO ADOBE,  
CAROL DANIELS FIGHT  
TO RECLAIM HER HERITAGE

**P. 4**



# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

BY MICHAEL BRADFORD

## Button Hill a young reader's tale

When I was a boy picking vegetables from the basement of my grandfather's farmhouse filled me with dread.

Three and a half years ago, my younger brother and I actually had to crawl climbing down the rocky wooden stairs in the root cell for it was dark, damp, and it smelled of rotting carrots. Tugging through the cold soil like I felt like I was being watched, I was terrified that instead of grubbing up the skeletal bones of something horrific would grab me instead, and pull me



Michael Bradford

under. So naturally, when I wrote my first book, I became a reader. I sat in a cozy basement. That's where the action begins in *Button Hill*.

Trapped in a fictional Prairie town for the summer with their horse-drawn Amish Princess, a boy named Dekker locks his little sister Riley in the granary not cellar as part of a game. But when he tries to let her out, Riley has vanished.

To rescue his sibling Dekker must enter Nightshade, the realm of the

dead where nightmares come to life and strike a deal with the boozous Gob in her basement. Dekker learns a hard truth: deals with the dead are never fun and the most raise questions if he is ever to rescue his sister. Here, Hill tells the tale of their suspenseful adventure in the realms below.

For several years, I have been an elementary school library teacher in Saskatoon's public school system. I wrote this book for middle years and young adult readers looking for something a little spooky and different — think skeleton costumes, giant frogs and an unpredictable city of the dead called Undercity. If your tween is drawn to things that

go bump in the night, they might like to pay a visit to *Button Hill*. But if reading at bedtime, it's a good idea to leave the light on.

Published by Open Book Publishers in April 2015, *Button Hill* is available at McNally Robinson in Saskatoon, and via Indigo, Chapters, Coles and Amazon throughout Canada. The author is available for in-school book talks, author readings and writer's workshops; please see [www.michaelbradford.ca](http://www.michaelbradford.ca) for more information.



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Carol Danvers (first cover) Brianza Dairy is scheduled to deliver and next month. Roberta photo by Bryan Schlosser

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### BRIDGES COVER PHOTO BY BRYAN SCHLOSSER

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# ON THE COVER

The racism that I have encountered is something that I see even today. — Carol Daniels

## # FIRST NATIONS

### Daniels' new book inspired by 1960s Scoop

By Ashley Martin

When Carol Daniels was four years old, or maybe five, she tried to scrub the brown off of her skin. She scrubbed until she bled but the brown remained.

She'd been adopted as a baby by a white family. She was the only First Nations person the family growing up in a dormitory down southeast of Regina. As long as she can remember, it was ingrained that brown was bad. She learned it through every means of "dark group Indians." She understood it each of the four decades of her childhood until she got to her feet because she was the first.

Right handed Indianberry north, in Brady Bay, there was a family who looked like Daniels. She would have been among them if not for the fact that her mother, Maggie Morris, had given birth to Regena in 1963.

World had the misfortune of going into early labour, in the process. The caesarean was natural — Maggie died when Carol was 18, hit by a logging truck on a freshwater northern Saskatchewan road.

An unwell abandoned woman giving birth in the city she was forced to leave the hospital without her daughter.

And so the Morris baby was placed with a white family. More than 20,000 First Nations babies like her made up a stolen generation as part of the 1960s Scoop.

"I was just a number. There were thousands of little Indian kids. I'd see no more dogs or something," said Daniels. "They took it all away but they didn't have anything to do with us, they didn't know where to put us."

The experience inspired Daniels' first novel, *Reardon Dair* which is set for release next month. It's not entirely autobiographical, but it is filled with her own experiences.

She opted not to write a memoir because Daniels had her 100 of them.



Carol Daniels was taken from her mother, Maggie Morris, at birth, 50 years ago in 1963. (SARAH LAFEBER)

Actions, in those decades working as a journalist in Calgary in 1989, she became the first First Nations person to anchor a national TV broadcast in Canada. When she cut her teeth in Regena newsrooms, she was a rarity in two counts. Women in

media were few and far between, although women were even fewer.

The reason that I have chosen to do something that I see even today," said Daniels. "There are situations and problems that need to be addressed in society in general. So with the novel I'm helping it up (II).

It's not polite. I don't care."

• • •

There's a black and white photo dated Christmas 1960. In the middle of the sofa, with two white children on either side of her

"It's a horrendous photo. It's like one of those things is not like the other," she recalled.

The father of the household was a "hero" to his adopted daughter; "the one who'd always save me," but making long hours he wasn't always around.

(Allen Sapp) was so happy to see me, he started speaking Cree immediately. I didn't understand a word he said.

— Daniels

When Daniels' classmates labeled all "horrendous bullying and name calling and beatings" her colleagues didn't intervene to help she said.

"I was the only Indian kid around, so it was terrible," said Daniels.

She was victimized for being aboriginal, but was a "white girl" in the inside.

An interview with actor Allen Sapp changed that.

Daniels was 15 when she visited Sapp's North Battleford gallery and Red Phoenix home for a CBC Saskatchewan documentary. She wasn't what he expected. With her adopted name, she said, he was expecting a white woman.

"When I showed up, here's this little brown face," said Daniels, herself a visual artist. "He was so happy to see me. He started speaking Cree immediately. I didn't even know it was a word."

He realized she was one of the few children, and spent the rest of their time together educating her about First Nations culture.

"Here this is for you, Carol, you need to know that this is who we really are," he told her. "You need to learn. And that's all he said, and it changed everything from there."

Daniels started going out of her way to meet First Nations people. Calgary Herald columnist Richard Wagamese introduced her to an elder. She discovered drumming through a weekend assignment in Swift Current with the Native Women Stagers. Sophie Black encouraged her to try it.

Her first powwow at Treaty Two near Brûlé Creek was a daunting and scary prospect because "the thought of being in a place where there were thousands of other brown faces, it was like, Oh, they're not like people, that's what I'd been told."

But when she got there, "I just started crying because it was so beautiful, and it's like, why have I not been doing this all my life?" she said, dabbing away the tears at the memory.

Daniels' ultimate heartfelt resolution came upon meeting her biological family in 1984 after the provincial government had opened

its adoption records. She had requested a meeting if her family was looking for her; they had done the same.

She had the same hesitation about meeting her family as she'd had before the powwow. "I do remember being worried that they'd be horrible people, because that's what I'd been told about First Nations people in general."

"We are mouse rats and I was terrified."

Her worry was unfounded. Daniels doesn't remember the names of what might have been if she'd been born as Sandy Bay. "I would have grown up with my family. I can't really think about that, because it kind of breaks my heart. If you met my family, you would know why."

After visiting them, she changed her last name to Martin. As the once-strongly grasped her heritage, there grew a rift in her relationship with her adoptive family.

"I was scared. It was like the day I came to my own culture, the day they went away from them."

She eat tins with her adoptive family in 1983, after she and her band Kyle Daniels were married by an elder at a traditional ceremony at The Arthium in Regina. No one from her adoptive family attended.

\*\*\*\*\*

As a five-year-old, Daniels started reading storybooks.

She and her dog roamed and pretended their way through high grass fields in a play inform—ersaking the black people she saw in her dad's National Geographic magazines. Those pictures were her first clue of other non-white people in the world. She would tell stories about the stories of their cultures.

At 13, she wanted to be a writer. When she expressed her wish, adults scoffed and told her she would starve. Not wanting to give up the traditional stories of 1980s westerns (checkers, scrabble, checkers) she decided to become a journalist—a field regaled with "middle-aged white men."

Continued on page 4



After years of trying to learn about her adoptive family, Carol Daniels started learning about her Aboriginal heritage when she was in her 20s. (© PHOTOFEST/BRUNNEN/SHUTTERSTOCK)

How can you not love meeting people who are amazing and proud of where they're from, wherever that may be?

—Daniels

In Grade 11, she "apprenticed" as a volunteer at CKRM radio, working with real radio reporters and record players and splicing tape with a mixer. She wrote and produced music work.

After Grade 12, when she served as editor of her high school newspaper, she spent two years at Sault TV Culinary for the cinema/television/ stage radio course.

Post school and back in Regina, she worked as a producer at CKRM radio. By then she was a weekend anchor at CKTV.

In 1989, when CBC Newsnet launched, Daniels spent a year hosting *This Country* she was the first aboriginal person to anchor a national broadcast in Canada.

Journalism took her across the country, and to Yellowknife, N.W.T., where she lived for eight years before her husband drove her back to Saskatchewan with her three children — Jackson, now almost 20, and twins Dany and Shannen, now 18.

Daniels loved watching people create — a tool that, though imperfect, strength in her journalistic work. She was unrelenting in her desire to make jabs, interviewing "people who hate" was her favorite part of reporting.

How can you not love meeting people who are amazing and proud of where they're from wherever that may be?

After embracing her heritage, Daniels tried to cover stories that reflected First Nations culture and people as honest, strong and knowledgeable — "the way we are."

In her estimation, Daniels is not doing well at reporting on aboriginal issues.

"They don't know a damn thing about us," she said.

That's in part due to the lack of First Nations people writing in newscasts, as editors and decision makers. The Regina Leader Post and Saskatoon StarPhoenix each have one First Nations journalist. At local TV stations there are a handful of Aboriginal reporters.

You can't put perspective into stories and Daniels "if you have no idea what's going on or what has gone on."

In 2011, 16 percent of Saskatchewan people were aboriginal. This is projected to at least double in the next 20 years.

Given the demographics, newscasters "should be representative of the population," said Daniels. "That's just good business," her God's rule.

"Hopefully there's something that'll be changed before I'm 60."

\*\*\*\*\*

Daniels experienced a "lot of water crap" as an aboriginal woman starting in journalism in the 1980s.



Carol Daniels with her children (from left) Jackson, Leahane and Connor, and husband Carl.

"Who gives a s--- what some old Indian thinks, anyway?" she once heard in a story meeting.

"I have been told, 'You'll never get a job because nobody wants to watch an Indian on TV,' and, 'You'll never be one of us, it doesn't matter if you're aboriginal here.' I'm scared to die," said Daniels, who was honored for her work in the media in 2008 with a National Aboriginal Achievement Award (now called the Indigenous Award).

"It wasn't easy at all but you have to be determined. If something's worth it, then it's hard, but if you do it anyway."

And if someone doesn't like it?

"If you're not going to like me because my skin is brown, then you're the one who's less intelligent."

Daniels today works as a visual artist and

as a performer, drumming and singing in a variety of TV shows and films, including *The Edge with Anthony Hopkins* ... and her play *Wives* (premiered at the Regent Prince Festival this summer).

In her free time, "I'll walk in and I'll immediately start dancing. It's like an energy you can feel."

But that doesn't last long.

"I start doing my thing and we come together in song and an joy," said Daniels. "By the time I leave there we're neighbours and friends and that's the way we need to respect each other."

She says her children did not experience racism as she did growing up — in part because they had a strong mother, but also because they spent their formative years in Saskatchewan, in a province where more than half the population is aboriginal.

The province was Dene, the women on television was their mom. The deputy premier was a Dene. It was encouraging. In Saskatchewan, they are members of the Legislative Assembly are aboriginal.

In 2011, Daniels ran unsuccessfully for the NDP in the Moosejaw riding, through which she met her husband, Carl, who works for the Saskatchewan Building Trades Council.

She wasn't elected — it was a long shot in a riding the NDP had never won — but she succeeded in her goal of encouraging First Nations people to vote. She won a couple of political seats across the area.

"We can make a huge difference," and she hopes that's the case in the federal election Oct. 19.

It's so precious now to be able to say OK, I'm allowed to dance at a powwow and I'm learning to speak my language.

— Daniels



Caren Daniels teaches First Nations cultural activities to children

## Nuts About Nature At Beaver Creek Conservation Area



Hi! I'm Chip. My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.



Dear Chip,  
What animal would you really be scared of if it was super-sized?

Note:

We should be glad that some animals like tiger beetles are the size that they are or else we would be in big trouble! With their long legs, large eyes and sharp mandibles, this insect would be a true terror if it was the size of a real tiger! Not many animals are able to match tiger beetles as predators due to their aggressive hunting style. When these creatures capture their prey they quickly grab it with their dagger-like mandibles and tear it apart. They then eat the prey with their jaws. What makes them so unique is that they crawl faster than most other insects in their home land. Another adaptation that makes tiger beetles such great hunters is their speed. Their top speed, however, has been clocked as the fastest moving insect in the world. If they were the size of a horse, they would run as fast as 350km per hour! In fact, they can so fast that their vision gets very blurry and they often become temporarily blinded until they stop to reorient themselves. Kind of like the first time you got to use a new playground and the first hour whizzed past you like a blur. Thank goodness these vicious creatures aren't bigger!

Send your questions to me at the address below, then watch Bridges for the answers.

Your pal, Chip

Follow Lorna Avenue South  
13 km to Whiteman's Hill  
Put the address in your GPS  
Meet me at the entrance to the  
Beaver Creek Conservation Area  
Mobile: 306-270-0474  
Email: meewasin@meewasin.com



Meewasin 

The thing is, if we continue to do things people who have us, there are going to have to pick up a protest sign after the fact. And get them out of there and have somebody who's a council not is saying, 'All right, we do need to move forward. We do need real change.'

A lot of that needs to happen is on an individual basis and Daniels by each person embracing their culture.

For Seoop looks like him who grew up being ashamed of who they are. 'If you really got to know our traditions and our people and our languages, it's going to allow you to grow in a really beautiful way and in some way teach the things that have been lost.'

'It's so precious now to be able to say OK, I'm allowed to dance at a powwow and I'm learning to speak my language,' added Daniels, who is working to be fluent in Cree by 2017.

'The not fluent, my kids are not fluent, my grandkids are going to be fluent.'

But that's not enough for First Nations people to engage in their cultural traditions. Daniels says everybody should experience First Nations traditions, culture and language in the understanding.

'I want people to come home and learn who we are and that we can grow stronger and start building our own families and communities and extending this friendship.'

We all want the same thing for our kids. We want strong communities that provide opportunities, we want healthy foods, we want basic education. We're friends and neighbours. We have to start looking at each other that way. May be that's one single idea to start but it's a good one.'

seoop@beyonddreams.com

72167@rcmp-sstc.ca

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The **DISSEMINATION** (DIS) is a comprehensive model of organizational change. It is based on the concept of **dissemination** as a process of spreading and the strategy used to implement change. The model is divided into three main phases: **dissemination**, **implementation**, and **evaluation**. The first phase, **dissemination**, is the process of spreading the change idea. It involves identifying the target audience, developing a communication plan, and selecting appropriate communication channels. The second phase, **implementation**, is the process of putting the change idea into practice. It involves developing a detailed implementation plan, assigning responsibilities, and monitoring progress. The third phase, **evaluation**, is the process of assessing the effectiveness of the change idea. It involves collecting data, analyzing results, and making adjustments as necessary. The model is designed to help organizations effectively implement change and achieve their goals.

# ON THE SCENE

## # POTASHCORP MAYER'S CULTURAL GALA

The PotashCorp Mayor's Cultural Gala on Saturday night raised exceptional arts and cultural experience in Santa Fe and served as a fundraiser for the Saskatchewan Cultural Foundation. During the past eight years the gala has raised \$2.8 million for the foundation, which supports more than 200 charities in Saskatchewan. A premier corporate gala in the city, guests were treated to fabulous food and entertainment and an auction.

BRIDGES PHOTOS BY GREG PENDER



1. Tables are set at the PotashCorp Mayor's Cultural Gala Saturday at TCU Place.

2. John Heir, Linda Loeffler, Sheri Bedford and Stelle Sorensen.

3. Patrick Smith, Branna Ferguson and Livianne Smith.

4. Wayne Brownless, Colleen Kuchring and Michael Fury.

5. Colin and Heather Roper.

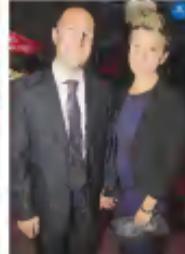
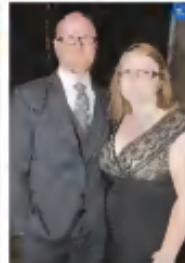
6. Martha Atchison and Betty Marvin.

7. Jeff Bent and his wife, Leanne.

8. Rem and Laura Schwan.

9. Colleen Wilson and Ken Aches.

10. Graham and Danielle Pearson.



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# EVENTS

## # MUSIC

Wed., Sept. 23

**The (In)Famous Hip**  
Saxo! Cantina,  
3035 30th Ave.  
Maurice John Vaughan  
Bands on Broadway  
811 Broadway Ave.

**All Time Low w/ Set It Off** and  
Kings of Leon  
Galleria Live in Concert  
241 Second Ave. S.

**Kendle and the Kneels w/  
Hannah and the Wives**  
Amigo's Cantina,  
905 24th Ave. S.

**CPCE PM-Phoenix Fest: Pizza  
and Beer w/ CPCE DJs**  
Various Locations,  
801 Broadway Ave.

**Tyler Honey**  
Patio & Pub and Grill,  
1400 4th Street Dr. N.

Thurs., Sept. 24

**Kelly Head and Robert Taylor**  
Cuckoo's Restaurant & Lounge,  
1-321 Phoenix Dr.

**Kelly Kavanagh**  
Bands on Broadway  
811 Broadway Ave.

**Colleen Heffern (DCP)**  
Galleria Live in Concert,  
241 Second Ave. S.

**Concert for Concert!**  
Lover's Pub,  
930 Campus Dr.

**Saga France w/ Tmnstir, Stage  
and Shrine**  
Amigo's Cantina,  
805 24th Ave. S.

**Fest! Renaissance w/ Friends of  
Foss**  
Capital Music Club,  
244 First Ave. N.

**Hug Peace, Harvest Seal and  
Mala Mant**  
Vangeli's Tavern,  
801 Broadway Ave.

Fri., Sept. 25

**Plane Friday! David Feng  
Patio Series: Zachary Lucky**  
The Basement,  
234 Fourth Ave. N.

**The Gang Show**  
Bands on Broadway  
811 Broadway Ave.



**Auger-augurist Dan Saksenra will play his Tuesday at the Broadway Theatre. (The Canadian Press)**

**Forever Young**  
Jimmy & Harry Club,  
305 First Ave. N.

**Marlboro Whiskey Kings**  
Marlboro Senior Citizens Centre,  
1031 Belmont St.

**Alex and Kathryn**  
McNally Robinson,  
3030 Eighth St. E.

**Aaron and the Moonshiners**  
Twin Town Tavern,  
3030 19th Street Dr. E.

**Halford's Undead w/ Green  
the Emperor**  
Galleria Live in Concert,  
241 Second Ave. S.

**Carvello's Kali w/ Stacy Evans**  
The Park, Bistro, The Buzzardine and  
Major League and Dead Head  
Luna Pub,  
93 Campus Dr.

**CPCE PM-Phoenix Fest: Off the  
Top-Rope, the Buzzardine and  
The Park**  
Amigo's Cantina,  
805 24th Ave. S.

**Beastie Endless/ Party Blend**  
Patty's Tavern,  
801 Broadway Ave.

**Yankee Group**  
Piggy's Pub and Grill,  
1400 4th Street Dr. N.

**Haynes w/ Evening Hymns  
and Taylor Kress**  
Capital Music Club,

**264 First Ave. N**  
Sat., Sept. 26

**Java Bar les Huit Club de Basque-  
soi and Melindra**  
The Basement,  
204 Fourth Ave. N.

**The Glitz Show**  
Button Broadway,  
811 Broadway Ave.

**Forever Young**  
Jimmy & Harry Club,  
305 First Ave. N.

**Phoenix**  
DownTown Lepanto,  
605 6th Street Cir. W.

**Les Loup Ingots**  
Nutano Lepack,  
2021 Louise St.

**The Lost Keys**  
McNally Robinson,  
3130 Eighth St. E.

**CPCE PM-Phoenix Fest: The  
Karpas Brothers w/ Quar-  
ter and Smiths, and Personal  
Space**

**Amigo's Cantina,**  
805 24th Ave. S.

**Run Down Show w/ Two Tickets  
and a Degree**  
Vangeli's Tavern,

**801 Broadway Ave.**  
Sun., Sept. 27

**Two Little Drunks**  
Piggy's Pub and Grill,  
1400 4th Street Dr. N.

**Karen Krishnamurthy**  
Broadway Theatre,  
715 Broadway Ave.

**Antarctic Magic**  
Bands on Broadway,  
811 Broadway Ave.

**April Ho and Celph Titled w/  
Interpol, DJ Harvey, Kevins,  
Felix the Exaltor and Kavino  
Dobz**

**Champs Street Centre,**  
241 Second Ave. S.

**Mayo, Beast, 2B**

**Fred!Brosseau and Blues Party**  
Bands on Broadway,  
811 Broadway Ave.

**Brandy Gilbert**  
Galleria Live in Concert,  
341 Second Ave. S.

**Die Amazone w/ Pixie Shakes  
and Basement Paintings**  
Capital Music Club,  
264 First Ave. N.

**Tues., Sept. 29**

**Amigo's Cantina w/ Pixie Shakes  
and Basement Paintings**  
Capital Music Club,  
264 First Ave. N.

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and Basement Paintings**  
Capital Music Club,  
264 First Ave. N.

**Fred!Brosseau and Blues Party**  
Bands on Broadway,  
811 Broadway Ave.

**Evil Sheepdog w/ Paxton**  
Chandelle, Key the Aquatic,  
Cassel and Child Beatz  
Amigo's Cantina,  
805 24th Ave. S.

**Garrett Emke's (P)riest Blues**  
Iron Temple Cafe,  
202 Second Ave. S.

#

## # ART

**Hand-Wave Gallery**

**UNLV Sept. 25 to 10/4** Third Ave.  
in the Galleria Live in Concert.  
Tues.-Sat., 1-5 p.m.; Sun., 1-4 p.m.  
The exhibit will be a group show.

+

**Geno Snugrove Gallery**  
Sept. 25 to 10/4 10th Street  
in the Galleria Live in Concert.  
Tues.-Sat., 1-5 p.m.; Sun., 1-4 p.m.

+

**SEGV Art Gallery**  
Until Sept. 25 to 25/3 Third Ave.  
S. We Need Graffiti 2015: A  
celebration of graffiti and street art  
style exhibit, including Joseph  
Anderson from Sept. 25, 4-8 p.m.

+

**Eye Gallery**

**Until Oct. 9** 1st Fl 101-102 Col-  
lege Dr. or Eye Sanktikewas  
Promotions Association  
Promotions Sept. 25, 4 p.m. to  
8 p.m.

+

**Egger Museum & Gallery**  
Until Sept. 26 to 10/10 Third Ave.  
in the Galleria Live in Concert.  
Tues.-Sat., 1-5 p.m.; Sun., 1-4 p.m.

+

**Garrett Emke's (P)riest Blues**  
Bands on Broadway,  
811 Broadway Ave.

+

**Design Gallery**  
Until Sept. 26 to 24/26 Third Ave.  
S.-Second Street Project by Kathryn  
Stern

+

**Green Ark Collected Home**  
Until Sept. 26 to 31/2 20th St. W.  
Wicklow, works by local artists  
and their families. The exhibit will  
be held included Sept. 26, the  
night of Matt St. John's

+

**Gallery on Third, Winkhouse**  
Until Sept. 26 to 10/10 Third Ave.  
E. Without Into the Wild, a  
group show of local and area  
artists.

+

**Handmade House Silhouettes**  
Until Sept. 26 to 10/10 Broadway

Av. Paintings and wooden  
bowls by Todd Fagin.

**Stiletto Art Center** (Westin in  
Riverfront) Sept. 30 to 7/6 7th Avenue  
Riverfront. Contingency, featuring  
by Mike Armstrong. Relief  
print workshop presented by  
the Stiletto Art Center.  
Admission: \$10. Thurs., 6 p.m.; Fri., 5 p.m.; Sat., 10 a.m. to 4 p.m.

**Urban Canvases XI**  
Starting in September, Monday  
to Friday, 10 a.m. to 8 p.m.  
Sponsored by SCAPM gallery.  
An event featuring local artists  
and their artwork. Tuesdays, 10-3 p.m.  
who have exhibited talent and  
have multiple business to em-  
ployment. Providing training and  
education, networking and  
employment readiness sessions.  
To apply call 602-562-7100 or  
email scapm.sj@gmail.com

**ArtArt Art Supply**  
Until Sept. 30 to 10/10 Louise  
Ave. Artwork by Sanktikewas Art  
Team. Artwork by Sanktikewas Art  
Team

**Art in the Centre**  
Through September at  
Partake Centre, 102-1040  
Central Ave. Most items by the art  
group Sanktikewas Art Friends.

**Gallery on the Green**  
Until Oct. 1 at 101-102 Col-  
lege Dr. or Eye Sanktikewas  
Promotions Association  
Promotions Sept. 25, 4 p.m. to  
8 p.m.

**Caliente's Choice Art Gallery**  
Until Sept. 26 to 8/20 First Ave.  
in the Galleria Live in Concert.  
An exhibition of local and regional  
artists featuring landscape and  
nature-themed artwork.

**St. Thomas More Gallery**  
Until Sept. 26 to 10/3 College Dr. In  
an exhibition of the Art His-  
tory Collection, the Shannan  
Collection, featuring local art,  
work and writing of Anatol His-  
tory.

**Market Hall Playland Art**  
Until Oct. 31 at Market Hall,  
2323 Pleasant Ave. Playing  
with Picasso: Prints, original  
prints from the Picasso banner  
series, and a group show by the  
Gervais Modern Art Group with the  
Sanktikewas Art Team.

**Artistry Gallery**  
Until Sept. 26 to 10/4 Broadway  
Ave. Contingency, featuring  
by Mike Armstrong. Relief  
print workshop presented by  
the Artistry Art Center.  
Admission: \$10. Thurs., 6 p.m.; Fri., 5 p.m.; Sat., 10 a.m. to 4 p.m.

# EVENTS

**The Gallery/Art Placement:**  
Until Oct. 15 at 328 Third Ave. S.  
Land and Sea by Terry Fenton.

## Painted Arts

Until Oct. 17, 10 a.m.-4 p.m. at 20th St. Cultural or Girls, a visual installation by Terry Fenton. Girls are individually different character types, enter landscapes representing the months of the year.

## Studio 4 on the Bluffs

Until Nov. 30 at Saskatchewan City Hospital, Waterworks by 20th St. Girls.

## Western Development Museum

Until Oct. 8 at 1901 Lorne Ave. Canada Day, from the Canadian Museum of Immigration at Pier 21. Canadian frontier diverse people's day experiences, from Confederation to present day.

## Ukrainian Museum of Canada

Until Jan. 31 at 1910 Spadina Cres. C, Dene River. Home, memory through roots! Saskatchewan, by Ukrainian Museum of Canada.

## # FAMILY

### Wings & Stars

Wednesday, 9:30 a.m.-10:30 a.m. at 1000 10th St. Wings & Stars Service at Lethbridge Heights Mall. Classes consist of power-walking, body-sculpting moves using exercise tubing and socializing for women. Classes are \$10. Call 403-325-0000 for details. No classes on Sept. 10. No classes on Sept. 24.

### Stars and Stripes

Wednesday, 10 a.m.-12 p.m. at Cinema in The Centre. Choice of two movies each week. A baby-friendly environment with lower volume, dimmed lighting, and a quiet atmosphere. Call 306-384-2222 for details. Seats booked in advance.

### Funkytown Fall Art

Wednesday, 10 a.m.-12 p.m. at Lethbridge Heights Mall. Fall classes for all ages. Learn to Craft Art, Funkytown Art, Painting, Journey's in Art & It's Home to me. For the Art & It's Home to me class, registration at Funkytown Art. Funkytown Art, 306-384-2222, or email [funktown@funktown.com](mailto:info@funktown.com).

### Parents and Preemies Yoga

Thursday, 9:30 a.m.-10:15 a.m., and after 8 a.m.-9 a.m. at 1000 10th St., at Vagabond, 3-105 10th St. Classes taught by Nitza Zeff. For parents and their babies, and for parents to introduce your toddler to the world of yoga. Classes include



Bullock's by William DeKay is on display at the Ukrainian Museum of Canada.

postures, poses, meditation, movement, play and fun. Call 306-384-2222 or email [info@funktown.com](mailto:info@funktown.com) for details.

### ECI's Baby and Play

Sept. 10 to 12, 9 a.m.-10:30 a.m. at 1000 South 10th St. W. In Wimmen Seckskonwaa's newest interactive playgroup for children up to age 12, visit [wimmenseckskonwaa.com](http://www.wimmenseckskonwaa.com) for their Facebook page.

### Puny Partner Indoor Playgroup

Sept. 11 at 10:30 Quebec Ave.-Apt. 101. Indoor playgroup for young children, adults and caregivers under one year of age. These are a unique, fun-filled area for children under two.

### Children's Play Centre

Sept. 11 at Lethbridge Heights Mall. A fun, safe environment for pre-school children to play. Children must be accompanied by an adult. Classes are \$10.00. Please note that an unsupervised play area and adults must stay with and supervise children at all times.

### Market Mall Children's Play Centre

Sept. 11 at The food court at Market Mall. This play-area is free and open to all pre-school children. Please note that no adults are allowed in the play area.

### Market Mall Children's Play

Sept. 11 at 10 a.m.-1 p.m. at Market Mall, a fun-filled area of baby and children's products. Admission is at the door. Option

to attend group for home-schooling parents. Sessions are held each day of the week. Please contact with a parent educational organization, and time for interaction with the other mothers.

### Kid's Yoga Classes

Sept. 5 to 10 at 10:30 a.m., home-schoolers ages five to 12 on Mondays, 10:30 a.m.-11:30 a.m. at Vagabond, 3-105 10th St. Classes taught by Nitza Zeff. Yoga helps teach positive resolutions, find focus, relaxation, self-awareness and inner peace. Classes are \$10.00 per class with discounts, starting September. Classes are six weeks. Register at [vagabond.com](http://www.vagabond.com).

### Prenatal/Postnatal Workshops:

**Yoga for Children:** Saturdays, 1 p.m. to 4 p.m., at 1000 10th St. Classes taught by Nitza Zeff. Learn various tools and techniques to help you through labour and delivery. No previous yoga experience required. Classes are six weeks. Register at [vagabond.com](http://www.vagabond.com).

### Sequoia's Out of School Play

Sept. 11 at 9 a.m.-12 p.m. at Westend Preschools Primary Centre, 331 Fairlight Dr. A drop-in

**What you need to know to plan your week.**  
Send events and photos to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

Photo by: Michael J. Lefebvre/Postmedia News

not to intermediate yoga designed to help with postpartum recovery. Baby-friendly yoga with Nitza Zeff. Classes are \$10.00 per class for four weeks to two years postpartum. Register at [vagabond.com](http://www.vagabond.com). No classes on start holidays.

### Canisius Light: Source (CLX)

Sept. 11 at 7 p.m. at the Canisius Light: Source (CLX) at 1000 10th St. The syncretic research facility is open for the public. Registration is required. Call 306-384-3848, email [canisiuslight@canisiuslight.com](mailto:canisiuslight@canisiuslight.com) or visit [canisiuslight.com](http://canisiuslight.com) for more information.

### Financial Help

Sept. 11 at 8 a.m.-7 p.m. at Regulating and Protecting Health Centre, 2401 33rd Ave. S. Register for a health fair, learn to manage stress, and for a stage in emergency preparedness. Call 306-384-0443 or email [medicall@hsl.ca](mailto:medicall@hsl.ca) or visit [hsl.ca](http://hsl.ca). No classes on start holidays.

**National Years**  
September 11 at 10:30 a.m. to 9 p.m. at Birth Rhythms. Call 306-384-0000. Classes are open to you for the birth of your child. Admissions are birth rhythms.ca.

### Stay and Play

Tuesday and Wednesday, 9:15 a.m. to 11:15 a.m., September through April. For children to 18 months, and for parents to 18 months, provide story time, 10-15 activities. Email [stayandplay@zestful.com](mailto:stayandplay@zestful.com) or visit the Facebook page.

### Dynastic DNA Sequencing

Workshop  
Sept. 12 at 10 a.m.-12 p.m. at 1000 10th St. DNA sequencing for children. Call 306-384-0000. Discussion on inheritance, recombination, family and community heritance, and intellectual health. Call 306-384-0000 or email [zestful@zestful.com](mailto:zestful@zestful.com).

### Parenting Story Time

Sept. 12 at 10 a.m.-12 p.m. at 1000 10th St. Story time for children. Call 306-384-0000. For children to 18 months. Email [zestful@zestful.com](mailto:zestful@zestful.com) or visit the Facebook page.

### Prenatal Yoga

Sept. 12 at 10 a.m.-12 p.m. at 1000 10th St. Prenatal yoga for pregnant women and new mothers. Hosted by Wellnest philosophy. Programming is aimed at chil-

dren ages two to five, but all ages are welcome. Information on their Facebook page.

### Engineering 4 You!

Sept. 12 from 9 a.m.-4 p.m. at the University of Saskatchewan. Classes, parties, and clubs with hands-on STEM involvement activities. Visit information and register at [engineering4you.ca](http://engineering4you.ca). Call 306-963-4186.

### Engineering 4 You!

Sept. 12 from 9 a.m.-4 p.m. at the University of Saskatchewan. Classes, parties, and clubs with hands-on STEM involvement activities. Visit information and register at [engineering4you.ca](http://engineering4you.ca). Call 306-963-4186.

### Saskatoon Public Library

Programs  
Ongoing daily programs for children and families. Find the calendar at [saskatoonpubliclibrary.ca](http://saskatoonpubliclibrary.ca).

## # SPECIAL EVENTS

### Saskatoon Farmers' Market

General admission: \$5.00. Weekdays from 8 a.m. to 1 p.m. and Saturday from 8 a.m. to 2 p.m., farmers are in attendance. Tuesday, 8 a.m.-10 a.m. to 5 p.m.; Saturday, 8 a.m.-1 p.m. to 5 p.m. Admissions are \$5.00. Market hours, food service, and specialty shops are open information at [saskatoonfarmersmarket.ca](http://saskatoonfarmersmarket.ca). Contact 306-384-3322, [info@saskfarm.ca](mailto:info@saskfarm.ca).

### Dragon Basement 2000

Wednesday and Thursday, 8 p.m. at 1000 10th St. United Church of God. Joe Thordarson, 8 p.m. at 8 p.m. at the Sky Theatre. Market Clothing for babies, children, received women, and seniors.

**Dragon Basement 2000**  
Wednesday, 8 p.m. at 1000 10th St. United Church of God. Joe Thordarson, 8 p.m. at 8 p.m. at the Sky Theatre. Market Clothing for babies, children, received women, and seniors.

### Entertainment

Entertainment  
Sept. 12 at 7 p.m. at the Drayton Theatre. Hosted by Saskatoon's own Drayton Entertainment. An evening of adventure through Drayton's most unique theatricals. He has held his Master of Fine Arts at the U of T's Atkinson. Admissions are free. Call 306-384-1234 or visit [drayton.com](http://drayton.com). Email [info@drayton.com](mailto:info@drayton.com).

# EVENTS

## St. George's Sensors Club 40th Anniversary

Sept. 26, 12 p.m., at Sensors Hall, 1230 22nd St. N. A luncheon follows by entertainment. Advance tickets only. Call 395-653-0393.

## Culture Days Kick-off

Sept. 26, 11 a.m. to 4 p.m., at Civic Stadium. A kick-off ceremony followed by free music and performers, arts and crafts workshops and an artist showcase.

## Senkatchewan Greenmen and Weavers Guild Meet-up

Sept. 26, 1 p.m., at Mayfair United Church, 1922 10th St. NE. Members and non-members are welcome.

## Mastering Mind: Walking the Trail to an Extraordinary Life

Sept. 26, 9 a.m. to 4 p.m., at The Willowbend Golf & Country Club, 3900 Willowbend Dr. SE. Tickets at [www.eventbrite.ca](http://www.eventbrite.ca).

## Willowbend Golf & Country Club

Presented by Penny Marley

A personal development

workshop for women. Tickets at [www.eventbrite.ca](http://www.eventbrite.ca).

10 a.m. to 4 p.m.

## Senkatchewan Greenmen and Weavers Guild

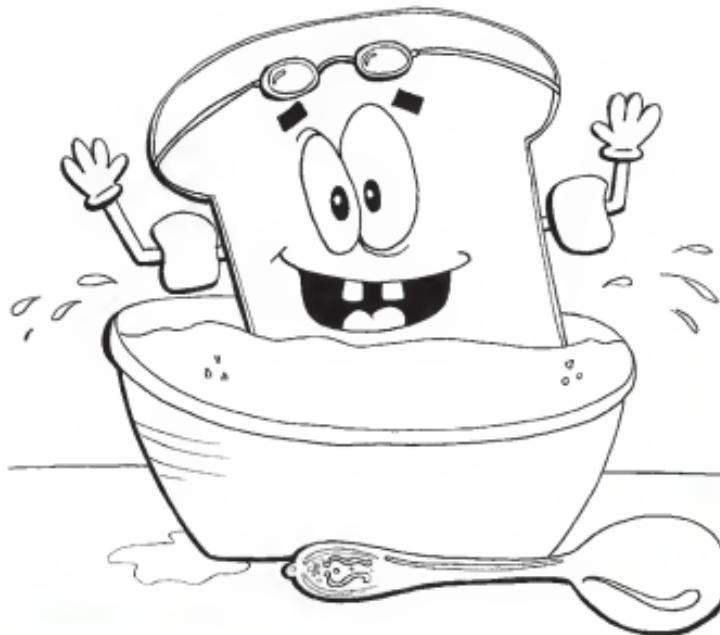
Presented by Penny Marley

A personal development

workshop for women. Tickets at [www.eventbrite.ca](http://www.eventbrite.ca).

10 a.m. to 4 p.m.

# OUTSIDE THE LINES



## # Colouring contest

Each week, Stephane McKey creates a funny illustration meant to please kids of all ages.

Children can colour the page, have a parent take a photo of the finished product and email it to [bridges@thestarpride.com](mailto:bridges@thestarpride.com). One winner will be chosen each week.



Last week's contest winner is

June Jackson.

Thanks to everyone who submitted entries.



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# ON THE SCENE

## # LUNCHEON EN VOGUE

The 12th annual Luncheon en Vogue held Friday at TCU Place is the main fundraiser for the Saskatoon Sexual Assault & Information Centre. Off with the Saskatoon Police Service, several ex-missants with fashion supplied by Restaurant DaySpa Sabor à Boutique, Daniella Fine Footwear and Accessories and Anthony's Leather. Funds raised support both the "I'm the Basis of My" child sexual abuse prevention program delivered to Grade 4 students in Saskatoon public and Catholic schools and the centre's 24-hour Crisis Line and its programs and services.

STARPHOENIX PHOTOS  
BY LIAM RICHARDS



1. Bonnie Henns and Stacey Henns



3. Linda Sestel and Kim Fox



2. Lori Petersen and Sheri Wilcock

5. Dorothy Armstrong and Hengy Oshan

4. Sharon Clark, Jodi Chubey Pheobe  
Business and Valerie Molano



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204 5th Avenue North  
Saskatoon SK S7K 2P1  
(please payable to "The  
StarPhoenix Raise-a-Reader")

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# FOOD

See a food trend you think deserves a highlight in Bridges?

Email [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

or visit Bridges on Facebook

# TOMATO SOUP AND CROUTONS

## Grilled cheese sandwich cubes top soup

By Renee Kahlman

Over dinner a while back, the conversation turned to guilty pleasures of the food variety I was eating with other food writers, so it was a little story — do I tell them the truth? Do I tell them what has on occasion, brought me joy and comfort? Do I spill the beans about my food addiction for Cheesecake?

I did and we all cheered me for the rest of the night, as everyone else listed something similarly won me over. It's true. A piece of the sandwich staff has been known to find its way into my fridge every couple of years. But before you all jump to judge, here's the deal: This is the only way out of it on hot, heavily汗ed days, not a heatwave stroke while I'm in my pajamas and slippers and something Brady is on the television.

There is something about this cheesy treat that makes us happy ... it was a favorite when I was a kid and my mom would even pack it in my brownbagged lunch, where it was devoured on the noisy busride at noon. Maybe I like that it takes me back to simpler days, when my glasses were big and I had a crush on Scott Baio, when I would catch buses from school and watch Little House on the Prairie, the naps afterwards just my thoughts around the dinner table, where we'd talk the details of our day and my mom would dish out her delicious food. These days are so long ago, but somehow a little pressed cheese takes me back there.

The best partner ever for this cheesy food is tomato soup, and as the item purveyors have been telling us, I could eat 24/7 creamy soup now that I eat the hot one by Sue Mariano on soup, with loads of garlic and onion, sprigs of thyme, cream, salt, pepper and ghee. It's a heavy handed duende with some oomph. The concoction needed to fit 30 seconds or so, and my house smelled glorious.

When sliced and salted, it's a little sharper the tomatoes were mashed into a pot and covered with a bit of butter and herbs. Use an immersion

blender to puree soup until smooth, then you can strain out the seeds and skins through a fine mesh sieve or just eat as is — it's fine, right? Finally shred some fresh basil, stir in a little cream and adjust the seasonings.

The finishing touch requires a grilled cheese sandwich. You know how to do that right? Don't worry, I didn't use Cheesecake. When I can't judge if you do, I instead I opted for a nicely smoked cheddar on sourdough. Slice the sandwich into little cubes and place on top of the steaming bowl of goodness. This soup is an unexpected comfort here. It's creamy, brimming with tomato basil flavor and ultimately a grand way to usher in fall.

### Roasted Tomato Soup with Grilled Cheese Croutons

I used San Marzano tomatoes just because that's what I had on hand. Feel free to substitute Roma tomatoes. The whipping cream is optional, as just add another layer of decadence. Make whatever grilled cheese creations you like — from the works, Gouda — the cheeses are endless.

>12 cups of fresh Roma tomatoes cut in half 1 medium onion, cut into quarters

>4 bay leaves of garlic, smashed >sea salt; pepper

>sprigs of fresh thyme or rosemary >1/2 cup extra virgin olive oil

>2 lbs bread, crusty shredded anch and pepper to taste

>1/2 cup whipping cream

grilled cheese sandwich, firmly pressed tomatoes above and bread and some butter (the large sandwich is great for crackers on 20 breads of soup depending on how many croutons you want)

#### Instructions

Line 2 baking sheets with parchment. Spread the tomatoes onto the



Roasted tomato soup and a grilled cheese sandwich are the perfect companion to the cool weather. PHOTO: RENEE KAHLMAN

sheets and add onions and garlic to both. Sprinkle with salt, pepper, fresh thyme, or rosemary. Drizzle with olive oil and place in preheated 300 F oven. Roast for about 40 minutes stirring a few times. Slice the tomatoes into 1/4-in. rounds, scoop

out the centers and stack. Bring to a boil, reduce heat and simmer for 15 minutes. Stir in heavy cream on an immersion blender or regular blender to puree — be careful, hot liquid! Strain the soup through a fine mesh sieve into another pot to get rid of

the skins and seeds. If that happens, add the fresh basil and cream, adjust the salt and pepper. Keep soup on heat, to warm through.

Make the grilled cheese sandwich, use only cubes and garnish the soup. (Steve-A)

# WINE WORLD

# DR. BOOKE

## Why pinot grigio is classified as a white

By James Romanow

If you spend much time around wine, wine catalogues and wine makers, sooner or later you run into a curious fact — rosé is classified as a white wine. At first that seems counterintuitive. It could not be called a red, after all, a rosé wine.

Once you spend enough time sharpening down white wine, you begin to understand why. More than a few white wines have a hint of pink to them in the right light. The reason is that making white wine is slightly more complex process than making red. The grapes are pressed not just extremely hard and then before there can be any colour "consumed." The juice is taken away to be fermented.

Occasionally a white is made with what is called a soft压榨, which is to say the juice is

allowed some contact with the skin. The longer skin to juice allows for some of the compounds that make up the flavours and aromas of wine to be extracted, making for a more complex wine.

Although pinot grigio has been classified as a white wine since the 1980s, it is actually a grape called red grape. The Alsace has always treated the wine as a sort of lighter version of pinot noir which is why their version is called pinot gris rather than grigio.

If you make your way out west to Kettle Creek Vineyards you can find such a wine. Alternatively you can get it from Co-op, or Willow Park. They cold soak their pinot gris for a day and the result is a highly complex wine that should be served much warmer than most pinot grigio.

**Kettle Creek Pinot Gris \$20 \*\*\***

Red wine, a California, to fill in with right here: some house place, some house that are. More on brother (d)house



## Crossword/Sudoku answers



5	2	4	3	7	6	8	1	9
9	7	3	8	1	5	2	6	4
1	6	8	4	2	9	7	5	3
7	3	6	9	4	8	1	2	5
4	1	2	5	3	7	6	9	8
8	9	5	2	6	1	4	3	7
6	4	7	1	9	3	5	8	2
2	5	9	6	8	4	3	7	1
3	8	1	7	5	2	9	4	6

## Saskatoon's Newest Modern Age-in-Place Design Suites

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Saskatoon, SK



- Quartz Countertops & Large Islands
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- Quartz Suites
- 6 Appliances
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- Games Room & Exercise Room
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- Workshop
- Three Elevators
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- Radiant In-Floor Heat
- Huge Barrier-Free Shower
- Library & Mini-Theatre
- Digital Video Security
- First Class Dining Facility

### Life-Lease Suites for 50-Plus Adults with Personal Care Suites Attached

Hyde Park View is transforming the concept of adult housing in Saskatoon! This new 50-plus housing development is ideally located across from Hyde Park and is surrounded by many stores and services in Lakewood / Rosewood.

Life-lease suites are pre-selling with 19 units still available in this modern 4.5-storey building. Floor plans range from \$21 to 1262 square feet, including one bedroom plus den, two bedroom and two bedroom plus den suites.

Age-in-Place Design includes 36-inch wide doorways, spacious floor plans and a seven-foot, barrier-free walk-in and shower enclosed in glass.

Every life-lease suite receives one indoor parking stall in the garage, heated parkade, with adjacent individual dry walled storage rooms. Residents enjoy free access to the numerous attractive amenity spaces.

When independent living becomes a challenge, individuals can move to the specially designed area where personal care is offered 24 hours a day.

Call Shelley Davis at (306) 612-3338 and visit [www.hydeparkview.org](http://www.hydeparkview.org) online for more information. You are also invited to drop by Elan Lodge (1123 May Avenue) between 8am and 4pm to pick up a sales package.

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Contact  
Shelley Davis

[www.hydeparkview.org](http://www.hydeparkview.org)

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## HOME OPENER

*kicks off the WHL's 50th season!  
Tail gate party featuring  
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### Home Opener

Fri Sept 25 7:05 pm vs



Sat Oct 17 7:05 pm vs



Sat Nov 28 7:05 pm vs



Sat Dec 19 7:05 pm vs



Sat Jan 30 7:05 pm vs



Sat Feb 27 7:05 pm vs



Sat Mar 19 7:05 pm vs



*\*seat selection subject to availability\**

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